

Novena to Our Lady, Untier of Knots

1. Begin with the Sign of the Cross:
2. Act of Contrition: Merciful Father, I ask forgiveness of my sins and the strength and humility to return to you. Help me to see the brokenness and weaknesses in my life always in the light of your gracious and abundant love for me, so that I may remain open and faithful to your Spirit. I firmly intend, with your help, to do penance, to sin no more, and to avoid whatever leads me to sin. Our Saviour Jesus Christ suffered and died for me. In his name, my God, have mercy. Amen
3. Pray the first three decades of the Rosary, with the appropriate mysteries for the day: *Joyful Mysteries: Monday and Saturday; Sorrowful Mysteries: Tuesday and Friday; Glorious Mysteries: Wednesday and Sunday; Mysteries of Light: Thursday*
4. Meditation: See particular day of the novena
5. Rosary: Pray the last two decades of the Rosary
6. Pray the Novena Prayer

Novena Prayer to Mary, Untier of Knots:

Mother of Fair Love, your hands never cease to work for your children because they are moved by the Divine Love and Infinite Mercy that flows through your heart. I look to you.

Filled with God's presence during your whole life you accepted the will of the Father with complete humility and the evil one was never able to catch you in his snares. You never cease to intercede for us with your Son for the resolution of our problems. With infinite gentleness and patience you show me how to untangle the bundle of knots that are choking me.

You, my Mother always, by eliminating every disorder, reveal the ties – the 'heart string'—that unite me to the Lord. Mary, Mother to whom God has given the charge of undoing the knots in the lives of His children, I place the ribbon of my life into Your hands. See the snarl of knots that keep me bound to sin, anxiety and hopelessness. You know just how much despair and pain they cause me. You know how paralyzed I am by them. No one, not even the Evil One himself can take it away from Your merciful hands. In your hands there is no knot that cannot be undone.

Loving Mother, by your powerful intercession and long fingers of Love and Grace, undo the knots in my heart and in my life, free me to love as Christ loves.

Our Lady Untier of Knots, pray for me.

Day 1: Mary, the New Eve

*We pray for the grace to persevere in our love of God.
Holy Mary, give me the strength to persevere in my love for God. I pray not only that I flee to him in difficult moments, but also that I may learn to thank him for all the gifts he sends: both those that I notice and those I can't see. Mary, purest of virgins, untie this knot that I present to you (name it if possible)*

Day Two: Mary, Full of Grace

*We pray for the grace of a pure heart.
O my Mother, help me to conserve a pure heart, in my love for God and my neighbor. Help me to rid from my heart all traces of selfishness and pride. Mary, Lady of Fair Love, untie this knot that I present to you (name it if possible)*

Day Three: Mary, the Handmaid of the Lord

*We pray for the grace trust in the Mercy of God.
Holy Mary, my Mediatrix and my Mother, teach me to trust in all that the Father is doing in me and to be grateful for the love that He continually pours into my heart. Bless my efforts to fall in step with your Son so as to one day reach the Kingdom of Heaven. Mary, Lady of Good Hope, untie this knot that I present you: (name it if possible)*

Day Four: Mary, Blessed Among Women

*We pray for the grace of love in our hearts for the world.
Holy Mary, Mother of God, I ask you to inspire the prayers that I bring to my heavenly Father. May his mercy be poured upon my neighbours, my loved ones and on all the world.
Mary, you see the stones scattered over my path: untie this knot that I present to you (name it if possible)*

Day Five: The Faith of Mary

*We pray for the grace of simplicity of heart
Holy Mary, Mother of the Lord, teach me to love life and everything that surrounds me, with your simplicity. Mary, generous mother, exemplary wife, help me in all that I do, that it may reflect the fullness of my love for God and for my neighbour. Mary, Mediatrix of all graces, untie this knot that I present to you (name it if possible)*

Day Six: Mary, Associate of Christ's Mission

*We pray for the grace to follow Christ
O Mary who protects and brings comfort, help me to solve this tangle of problems that I have created for myself. Teach me to love our Lord Jesus Christ, your Son, above all things, so that I might follow him in his Mission in all that I say and do. Mary, Lady of Good Counsel, untie this knot that I present to you (name it if possible)*

Day Seven: Mary, First to Hear God's Word and Keep It

*We pray for the grace of a free and generous heart
Beloved Virgin Mary, teach me to love the way you loved Jesus. Teach me to give myself to him and to my brothers and sisters, in a way that is free, generous and selfless, as he loved. Mary, most Immaculate Heart, untie this knot that I present to you (name it if possible)*

Day Eight: Mary, Mediatrix of All Graces

*We pray for a spirit of openness and welcome.
Mary who unties knots, you are the faithful servant of the Lord's interests; help me to act always in my neighbour's interests; so that by my actions, my love of God may show. Help me to understand that I can't love God if I don't love my brothers and sisters in the world. Mary, Mother of God, untie this knot that I present to you (name it if possible)*

Day Nine: Mary, Mother of God and Our Mother

*We pray for the grace to share our faith and joy in Christ.
Mary, my Mother, please untangle the snarl of my problems. Guide me in my daily mission to be someone who can spread the Word of God. By my daily example may I bring back to him all who have wandered far from Him or those who do not believe. Mary, my Mother, untie this knot that I present to you (name it if possible)*

MASS INTENTIONS FOR THE WEEK

Monday, November 30

8:00 am Eulalio Torio + [Gloria Torio]
 12:10 pm David Jose's Birthday [Georgina & Family]
 5:15 pm LUCIANA ALUMAGA + [Prescy A.]

Tuesday, December 1

8:00 am Holy Souls in Purgatory [Henriette Cudmore]
 12:10 pm MAXIMA & Glen Castillo + [Bing Arellano]
 5:15 pm Holy Soul in Purgatory [Lucy Cardosa & Family]

Wednesday, December 2

8:00 am Brooklyn Fox –Blessing [Kabsoon Phu]
 12:10 pm MERCY, Steven & all Deceased Pereira Family +
 [Mercy Pereira]

5:15 pm Gerard Walsh + [Emily Dy Pac]

Thursday, December 3

8:00 am Holy Souls in Purgatory [Violy Balayo]
 12:10 pm RUPERTA & Remedios Monge + [Oliver Family]
 5:15pm Martin Bautista Sr. + [Angelina Bautista]

Friday, December 4

8:00 am Thanksgiving [Piago Raats]
 12:10 pm KATA (KAJA) Santic + [Ana]
 5:15pm All Souls in Purgatory [Cora Balatero]

Saturday, December 5

8:00 am ZENAIDA OCAMPO CEDILLA + [Elenita Derama]
 12:10 pm Primo Oducado & Deceased Members of
 Oducado & Delgado Family + [Aida Oducado]

PLEASE PRAY FOR THE RECENTLY DECEASED:

*Cristituta Navalta, Florenda Cloma,
 Rosalyn Bago & Christine Mose*

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Novena to Our Lady, Undoer of Knots:

In anticipation of the celebration of the Feast of Immaculate Conception on December 8, we invite you to join us in praying the Novena to **Our Lady, Undoer of Knots** (November 29 to December 7). You will find the novena prayers in this weekend's bulletin and on our website. On the evenings of **Tuesday, December 1 and Thursday, December 3, at 7pm** we invite you to join us in the church for the novena. These two evenings will include prayer points for the novena, the Exposition of the Blessed Sacrament and the Rosary.

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Exposition of the Blessed Sacrament

Every 1st Friday of the Month 8:30 am until 7pm

Come and spend some time in quiet prayer

Next date: **Friday, December 4, 2014**

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Sacrament of the Sick Communal Celebration: Join us for a celebration of the Sacrament of Healing on **Thursday, December 10, at 3:00 pm**. Seniors, as well as those with chronic illnesses or in need of surgery are invited to experience the sacrament at this time.

Advent Parish Mission: Join us for our Advent Parish Mission, to be held in the church **December 7, 8 and 9 at 7:30 pm**. **Fr. Michael Rosinski, S.J.** will guide us through these evenings of reflection and prayer. This year's theme is: **"Welcoming Christ into our Hearts."**

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Advent Reconciliation Service: Monday, December 14 is the designated **Day of Confession** here in our parish. On that day we will have confession times scheduled 11am to noon and 4pm to 5pm. Our **Advent Reconciliation Service** will take place that evening beginning at 7:30pm. We will have a number of priests available for individual confession. **Come and celebrate the gift of God's faithful and merciful love – a wonderful way to enter into the Year of Mercy!**

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Out of the Cold: A History of Caring by Michael Swan Book Signing: Share a bit of Toronto's history of caring for the homeless as told in Our Lady of Lourdes author Michael Swan's new book, **Out of the Cold: A History of Caring**. The book will be available Sunday, December 6 in Bernadette Hall after the 10 a.m., 11:30 a.m. and 1 p.m. Masses for 33 per cent off the cover price – just \$10.00 taxes included. Michael Swan will be there to answer questions and sign your copy.

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The St Jamestown Youth Centre is holding its Annual Christmas Holiday Concert here at Our Lady of Lourdes on Friday, December 11th at 7:00PM featuring the Steel Orchestra and the Singing Group. A warm welcome is extended to everyone.

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BEAUTY FROM OUR FAITH

"Advent is concerned with that very connection between memory and hope which is so necessary to humanity. Advent's intention is to awaken the most profound and basic emotional memory within us, namely the memory of the God who became a child. This is a healing memory; it brings hope. The purpose of the Church's year is continually to rehearse her great history of memories, to awaken the heart's memory so that it can discern the star of hope. It is the beautiful task of advent to awaken in all of us memories of goodness and thus to open the doors of hope."

~ Joseph Cardinal Ratzinger (Pope Benedict XVI)
 "Seek That Which Is Above", 1986

Our Lady of Lourdes @ a glance: the week of November 29- December 5						
Sun 29	Mon 30	Tues 1	Wed 2	Thurs 3	Fri 4	Sat 5
1st Sunday of Advent RCIA 11:30am	How to Read the Bible 7pm [Library]	Novena to Mary, Undoer of knots 7pm [Church]		Novena to Mary, Undoer of knots 7pm [Church]		Baptisms